

# IN VIVO MAGNETIC RESONANCE ANGIOGRAPHY OF FETAL VASCULATURE

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# Background

- **Ultrasound (US) is the primary modality for fetal imaging**
- **Doppler imaging is the mainstay for evaluating fetal vasculature**
  - **3D/4D ultrasound and Spatiotemporal Image Correlation (STIC)**

# Background

- **Fetal MRI is valuable as an adjunct to US for fetal assessment**
- **Recently, non-contrast MR angiography has been performed in fetal sheep<sup>1</sup>**
- **Explore the possibility of performing MR Angiography in human fetus without IV contrast**

(1) Yamamura, Jin, et al. "Magnetic resonance angiography of fetal vessels: feasibility study in the sheep fetus." *Japanese journal of radiology* 28.10 (2010): 720-726.

# Motivation: MR Angiography (MRA)

JOURNAL OF MAGNETIC RESONANCE IMAGING 40:949-957 (2014)

## Original Research

### MR Venography of the Fetal Brain Using Susceptibility Weighted Imaging

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## Technical Note

### Measuring Venous Blood Oxygenation in Fetal Brain Using Susceptibility-Weighted Imaging

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Krishnamurthy, Uday, et al.  
Quantitative flow imaging in the human umbilical vessels in-utero using non-triggered phase contrast MR” ISMRM (2014)

## **Motivation: MR Angiography (MRA)**

- **To map fetal vasculature for quantitative MRI**
- **Perform fetal MRA in patients where Doppler imaging is suboptimal**
  - **Maternal obesity**
  - **Fetal position**

## **Study Objective**

- **To assess the feasibility of performing non-contrast MR Angiography in the human fetus using the Time of Flight (TOF) technique**

# **Fetal MRA: Study Population**

- **Third trimester fetuses (n=6; 26-37 weeks)**
- **Receiving prenatal care at Hutzel Women's Hospital**
- **Study was conducted in accordance with local IRB guidelines**
- **MRA was performed as subset of a larger fetal imaging study**

# **Fetal MRA: Technique**

- **3.0T Siemens Verio system** (Erlangen, Germany)
  - 6 channel body flex array + 4 channel spine receive coils
  - 2 channel extremity flex coil (if necessary)
- **Scanning was performed without maternal breath holds**
- **No maternal sedation**



# Fetal MRA: Technique

## Considerations for sequence modification

- 1. Fetal motion**
  - 2D instead of 3D imaging
- 2. Increased Velocity within fetal vessels**
  - Increase T1 / inflow weighting
- 3. Smaller dimensions of the fetal vessel lumen**
  - Use high imaging resolution
- 4. Specific Absorption Rate (SAR)**
  - Reduce by increasing TR<sup>1</sup>

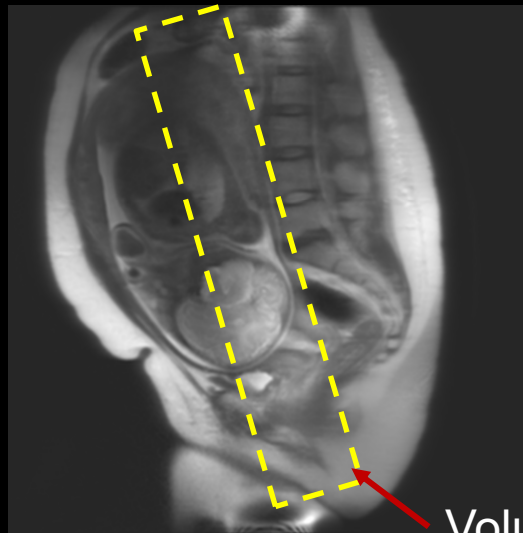
(1) Krishnamurthy, Uday, et al. "MR imaging of the fetal brain at 1.5 T and 3.0 T field strengths: comparing specific absorption rate (SAR) and image quality." *Journal of perinatal medicine* (2014).

# Fetal MRA: Technique

	Mode	TE (ms)	TR (ms)	Reconstructed Resolution (mm <sup>3</sup> )	Flip Angle (degrees)	Band width (Hz/pixel)	# of Slices	Tot. Acq. Time (min)
Conventional	3D	3.4-11.3	25	(0.75 - 1)x (0.75-1)x(1.2-2)	20	42	50-70	5-7
Fetal	2D	4.92	22	(0.4-0.7) x (0.4-0.7)x(1.5-2)	50	241	26-64	2-5

- For faster imaging to mitigate fetal motion artifacts
- For greater T1 weighting and for reducing the SAR
- For increased T1 weighting

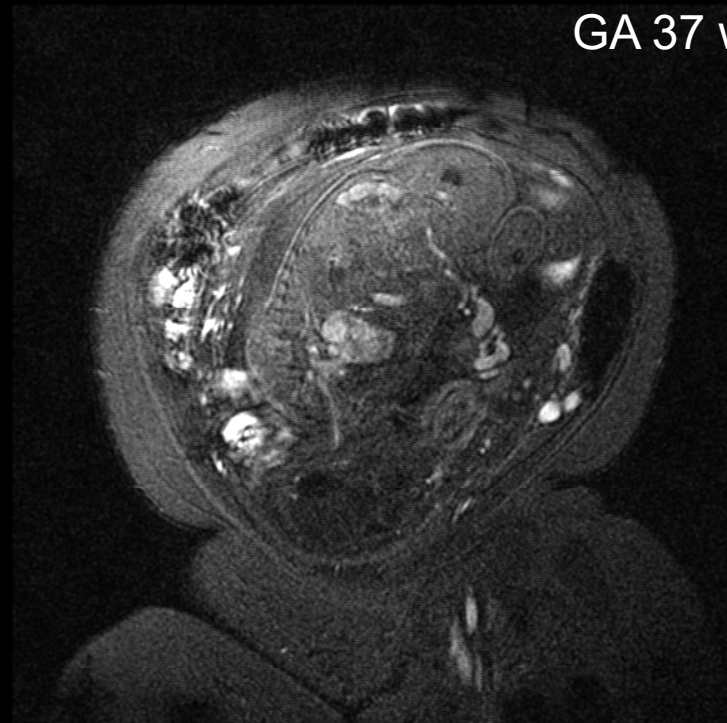
# Fetal MRA: Technique



Volume for MRA

Localizer image

GA 37 weeks



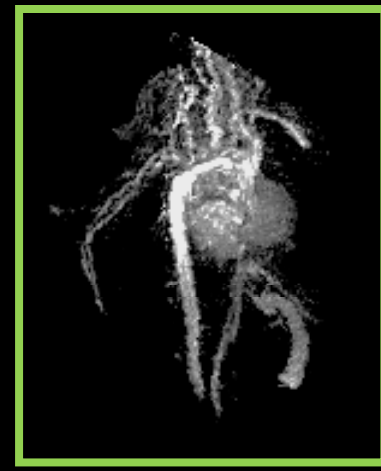
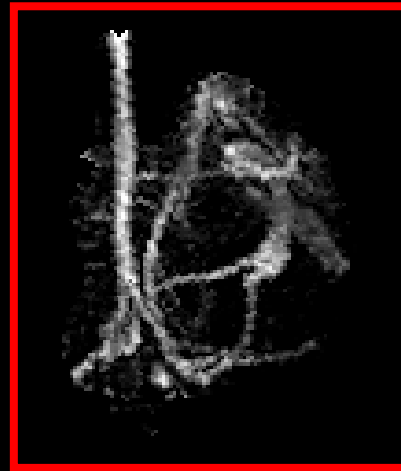
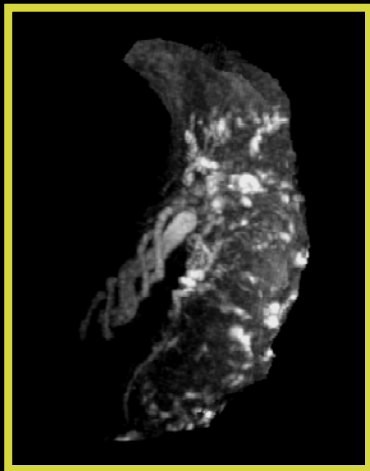
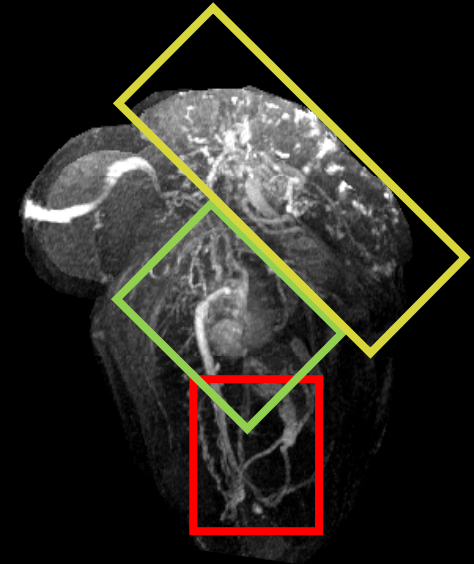
2D raw data images

# Fetal MRA: Technique

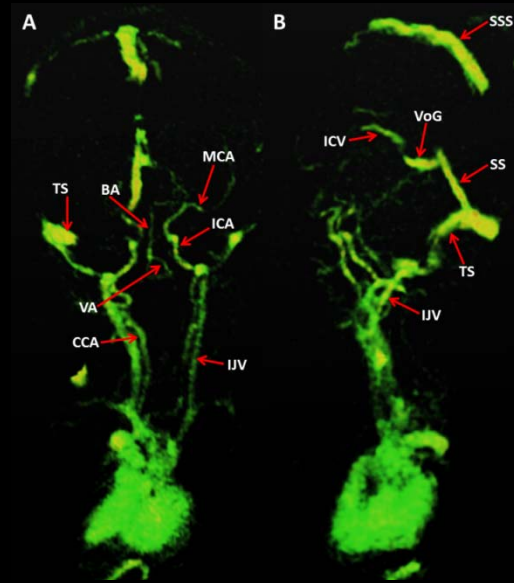
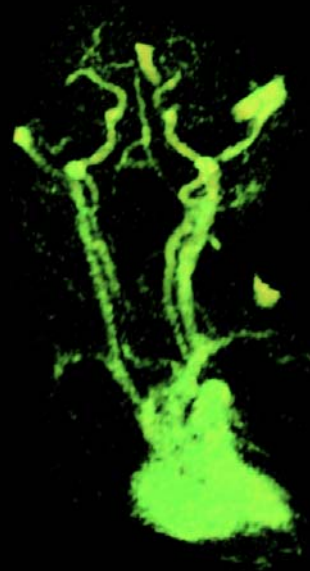
ROI for relevant vasculature was manually cropped to generate volumes for 3D visualization



GA: 36 3/7 weeks



# MRA of Fetal Head and Neck



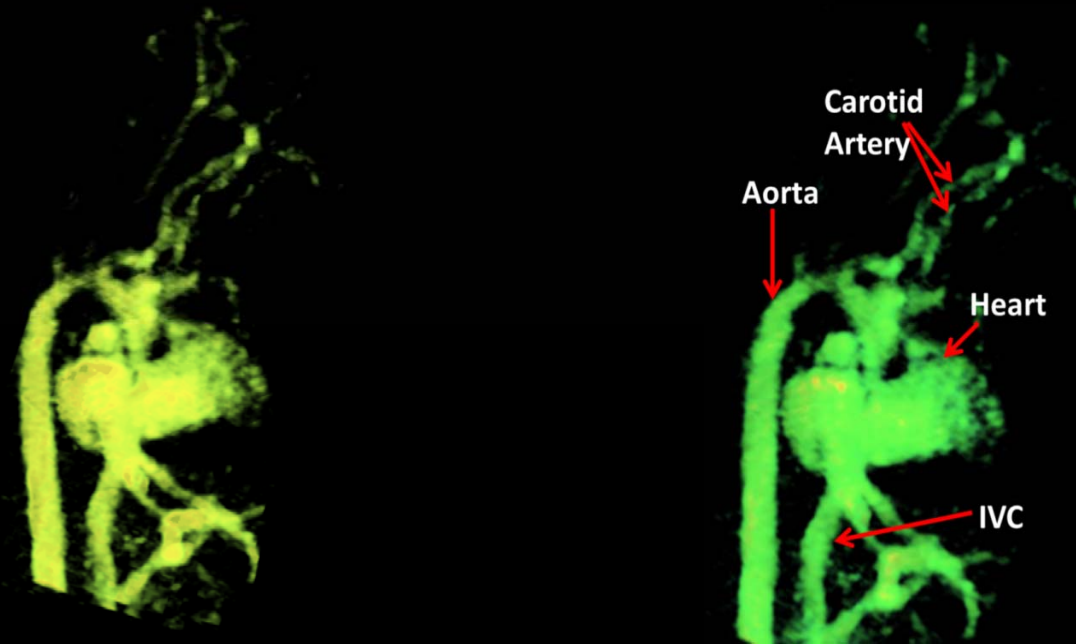
GA: 36 4/7

## 3D MRA of fetal head and neck vessels:

MCA: middle cerebral artery; BA: basilar artery; ICA: internal carotid artery; VA: vertebral artery; IJV: internal jugular artery; SS: straight sinus; SSS: superior sagittal sinus; TS: transverse sinus; VoG: vein of Galen; ICV: internal cerebral vein.

# MRA of Fetal Chest and Upper Abdomen

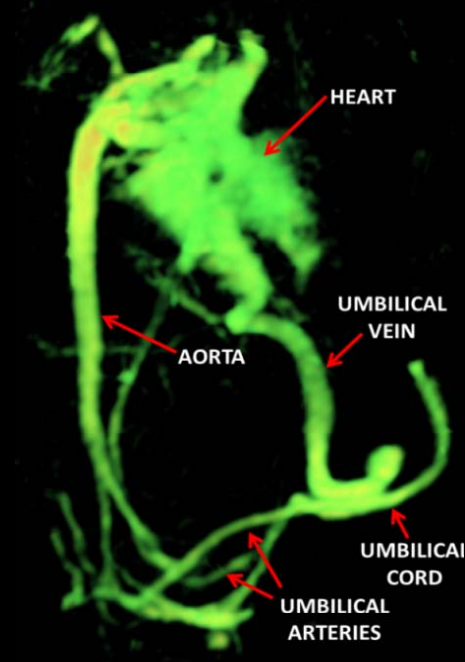
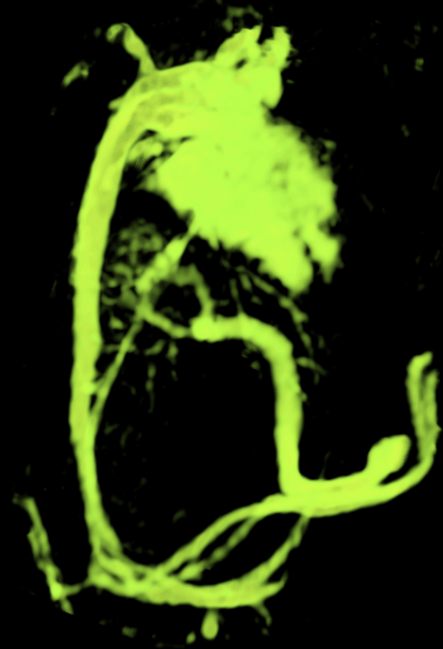
GA: 37 1/7



3D MRA of the fetal fetal chest and upper abdomen showing the major arterial (Aorta, carotid arteries) and the venous (inferior venacava) structures.

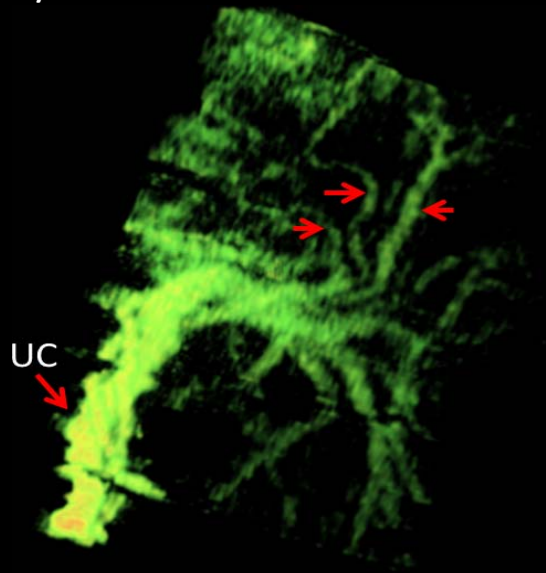
# MRA of Fetal Circulation

GA: 36 4/7



# MRA of the Placenta

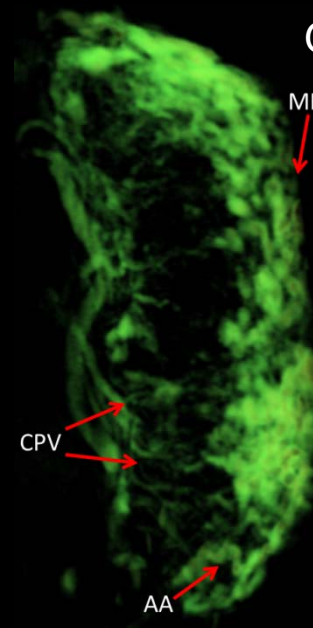
GA : 36 4/7 weeks



## MRA at the origin of umbilical cord

Vessels on the chorionic plate (red arrows)  
umbilical cord (UC)

GA 29 weeks



## MRA of placental vasculature

Vessels on the maternal side (MP)  
Chorionic plate of the placenta (CPV)



# Clinical Utility of Fetal MRA

- Exploring clinical utility
- Suboptimal Doppler imaging – Maternal obesity, fetal position
- High resolution - improved visualization of fetal vasculature
  - Small vessels head and neck region
  - Placenta
- Large Field of view
  - Placenta
  - Global perspective of fetal vasculature
    - May be helpful for large vascular malformations or syndromic vascular malformations such as Klippel-Trenaunay-Weber, Osler-Weber-Rendu

# Quantitative Imaging: Fetal MRA

- **Localize blood vessels for quantitative imaging**
  - **Perfusion (ASL)**
  - **Blood oximetry<sup>1</sup>**
  - **Phase-contrast based flow imaging<sup>2</sup>**

(1) Neelavalli, Jaladhar, et al. "Measuring venous blood oxygenation in fetal brain using susceptibility-weighted imaging." *Journal of Magnetic Resonance Imaging* 39.4 (2014): 998-1006.

(2) Krishnamurthy, Uday, et al. "Quantitative flow imaging in the human umbilical vessels in-utero using non-triggered phase contrast MR" ISMRM (2014)

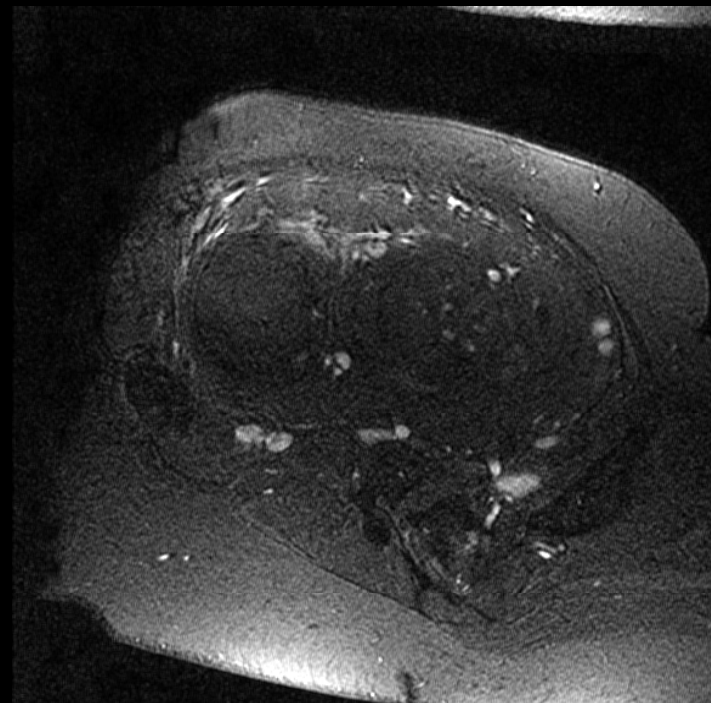
# **Fetal MRA at 3.0 Tesla**

- **Advantages of 3.0T MRA**
  - **Increased T1 weighting**
  - **Higher SNR**
    - **Ability to image at higher resolution**
    - **Shorter scan time**

# Fetal MRA: Challenges

GA 26 weeks

- **Orientation**
  - **Relative to the slice**  
(improved if the slice is perpendicular to the vessel)
- **Artifacts**
  - **RF Inhomogeneity** (excitation and phased array coil reception)
  - **Banding (Susceptibility)**
- **Fetal Motion**



# Fetal MRA: Future Directions

- **Need to optimize technique for diagnostic application**
  - **Higher resolution Imaging**
  - **Faster scan time**
    - Use radial/spiral reduced data reconstruction
    - Use compressed sensing <sup>1</sup>
  - **Coils with higher number of phased array elements (parallel imaging acceleration factor)**

(1) Hamtaei, Ehsan et al. "Compressed Sensing MRA in the Human Fetus" 36th Annual International Conference of the IEEE EMBC (2014)

## **Conclusion**

- **Human fetal MR Angiography is feasible with modification of conventional TOF technique**
- **Critical first step for future quantitative MR vascular imaging in the human fetus and placenta**

# References

- [1] Brown, R. W., Cheng, Y. C. N., Haacke, E. M., Thompson, M. R., & Venkatesan, R. (2014). *Magnetic resonance imaging: physical principles and sequence design*. John Wiley & Sons.
- [2] Yamamura, Jin, et al. "Magnetic resonance angiography of fetal vessels: feasibility study in the sheep fetus." *Japanese journal of radiology* 28.10 (2010): 720-726.
- [3] Neelavalli, Jaladhar, et al. "Measuring venous blood oxygenation in fetal brain using susceptibility-weighted imaging." *Journal of Magnetic Resonance Imaging* 39.4 (2014): 998-1006.
- [4] Krishnamurthy, Uday, et al. "Quantitative flow imaging in the human umbilical vessels in-utero using non-triggered phase contrast MR" ISMRM (2014)
- [5] Krishnamurthy, Uday, et al. "MR imaging of the fetal brain at 1.5 T and 3.0 T field strengths: comparing specific absorption rate (SAR) and image quality." *Journal of perinatal medicine* (2014).
- [6] Hamtaei, Ehsan et al. "Compressed Sensing MRA in the Human Fetus" 36th Annual International Conference of the IEEE EMBC (2014)

**Thank You**